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HALIFAX • MONDAY, DECEMBER 8, 2008

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**Celebrity Buzz**

**Milano**  
files  
restraining  
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pg 18



## Suspect sought in attempted takeout assault

**INJURIES** Halifax Regional Police are looking for a man who tried to sexually assault a Charles Street woman yesterday while pretending to be a takeout driver.

At 3 p.m. yesterday, the man knocked on a 26-year-old woman's door in the 5000 block, claiming he was delivering food. The woman didn't order food, but opened the door. The man then assaulted her and tried to sexually assault her. She yelled, and forced him to run away, leaving her with minor injuries.

Police say the suspect is a heavyset black man in his forties with a full beard. He was wearing a green toque. **METRO HALIFAX**

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**Workology** pg 13



Saving chimps, one at a time

**World** pg 9

**More riots in Greece**

**Sports** pg 11

NFL makes its Canada debut

# Soldiers return home

## Deaths of 3 in Afghanistan mark grim 100 count

**Hundreds of people are expected to line Canada's Highway of Heroes today to pay tribute to the three soldiers killed in Afghanistan, marking both their sacrifice and the grim milestone of 100 Canadian soldiers killed on active duty there.**

The bodies of Warrant Officer Robert John Wilson, Pte. Demetrios Diplaros and Cpl. Mark Robert McLaren — victims Friday of an explosive device near Kanda-

har — will make the now-familiar journey from CFB Trenton in Ontario to a Toronto coroner's office.

Expected to attend the repatriation ceremony are Gov. Gen. Michaëlle Jean, Defence Minister Peter MacKay and Chief of Defence Staff Gen. W.J. Natynczk.

The military plane carrying the bodies is scheduled to land at Trenton at 2 p.m. EST. Hearses are expected to leave the base around 3 p.m. EST and reach Toronto

at about 5:15 p.m. EST.

The public tributes for Canada's fallen along the 172-kilometre route have caused commentators in other countries, including Britain, to take note and wonder why its own military victims aren't similarly honoured.

As is the custom, a guard of honour in Trenton will greet the aircraft carrying the three bodies and carry them to tarmac.

Toronto police, fire and

EMS officers will be at the scene, and along the route, and tip their hats in salute.

Veterans in uniform will also gather along the route and dip their regimental colours. The Maple Leaf flag will be on display on overpass railings, flown at half-mast on flagpoles and held aloft by onlookers.

**TORSTAR NEWS SERVICE**

READ Metro's coverage of Afghanistan at [metronews.ca/canada](http://metronews.ca/canada)

Moose

**This one was stopped**



Mooseheads goalie Mathieu Corbeil makes a save on Victoriaville Tigres forward Philip-Michael Devos during yesterday afternoon's QMJHL game at the Metro Centre. The Tigres defeated the Mooseheads 5-2. **Story, page 12**

Three of four men released in shooting

**JENNIFER TAPLIN**  
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**INVESTIGATION** Three of the four men arrested after Jimmy Melvin Jr.'s shooting have been released.

Melvin was shot behind a Cowie Hill apartment building at 30 Ridgevalley Rd. on Thursday night.

Police officers were so close by, they heard the shots and came running. A 911 call came in saying a man was suffering from a gunshot wound inside an apartment at the front of the building. Melvin, 26, was shot in the abdomen.

As of yesterday afternoon, Melvin was still recovering at the QEII, although the hospital wouldn't release his condition.

About an hour-and-a-half after the shooting, four men were arrested in Bayers Lake Business Park. Three of them were released on Friday, and police aren't saying why.

The fourth, a 24-year-old man, had his parole revoked and was turned over to the Central Nova Correctional Facility. A police spokesman said yesterday he didn't know how the man had broken his parole.

No charges have been laid in Melvin's shooting.

In late November, police promised "unprecedented measures" to stop the resumption of an alleged drug war between two families. Three days after Melvin was released from prison, his father was shot at outside a pizza shop in Spryfield.

The next day, an associate of Melvin's was shot in the wrist outside the IWK children's hospital.

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**It's beginning to sound a lot like Christmas at the airport**

If flying during the holidays doesn't normally put you in the holiday spirit, this may be a nice surprise: the Halifax International Airport Authority is bringing in school, community and volunteer choirs to sing carols, starting today. **METRO HALIFAX**

# Local



## Build a ho-ho-home

Here's a sweet Christmas treat: Next Sunday, the Art Gallery of Nova Scotia will hold its annual gingerbread house-making event. Visitors can design and build their own gingerbread houses with graham wafers, icing sugar and candy. Bring your own milk carton; it acts as the frame of the house. **METRO HALIFAX**

## Missing man's body found in Lower Sackville

**FATALITY** The body of a 73-year-old man has been found in a field behind the Canadian Tire in Lower Sackville.

A man collecting bottles noticed the body near some bushes just after 9:30 a.m. on Friday and called police.

RCMP forensic officers and investigators examined the scene. While they're treating the death as suspicious, they don't believe there was any foul play involved. RCMP say they are waiting on the autopsy results.

They identified him as a 73-year-old man who was reported missing on Wednesday to the Halifax Regional Police.

RCMP say they will not be releasing the identity of the man at this time.

JENNIFER TAPLIN/METRO HALIFAX

## Northern Pulp vows to bounce back from leak

**TIMBER** In the wake of this week's news of a shutdown of the Abercrombie Point plant due to a leak in the effluent line to Boat Harbour, Northern Pulp CEO Keith Johnson says the company is doing everything it can to get up and running.

"An awful lot of folks are counting on us ... We certainly intend to get going as quickly as we can," he said.

When that will be, however, is anyone's guess. Timber harvesting will continue on a reduced basis, but approximately 190 workers face layoffs due to the closure. **METRO HALIFAX**

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WHAT'S ONLINE TODAY

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### Lotteries

Friday, Dec. 5  
Lotto Super 7: 8, 9, 14, 16, 18, 29 & 42 Bonus 35  
Saturday, Dec. 6  
Lotto 6/49: 4, 8, 29, 37, 40 & 48 Bonus 45  
These results are not official.

# Anti-coalition rally gets heated

## Debate flares as supporters join 200 protesters at Sackville Landing

PAUL MCLEOD  
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**Protesters for and against a coalition government came face to face at a downtown Halifax rally Saturday.**

More than 200 anti-coalition demonstrators showed up at Sackville Landing, many carrying signs ranging from "No Secret Deals" to "Jack is Wack." About a dozen pro-coalition protesters showed up and held their own signs at the back.

It didn't take long to spark a debate.

"My foreign investments are down the tube. My Canadian investments over the last six months have held their own. Why? Because we have stability," said one Tory supporter.

"Is it stable to lock the opposition out of government for two months? That's not stable. That's not doing your job as prime minister," said his disputant.

For about an hour, speakers — including four



An anti-coalition rally attendee and coalition supporter argue over the legitimacy of a Liberal/NDP government Saturday at a Conservative rally at Sackville Landing.

provincial cabinet ministers and Tory MP Gerald Keddy — gave fiery speech-

es lambasting the Liberals for selling out to "socialists and separatists."

"The once-proud Liberal party has been reduced to a rump with a failed

leader, failed policies and now a failed last-ditch desperate attempt to gain power at any cost," said rally organizer Scott Armstrong.

The smaller group of coalition supporters argued that 60 per cent of Canadians voted for the opposition parties combined. They said a coalition government is legitimate, whether the Conservatives like it or not.

"Whatever leader can garner the confidence of the House can form the government. Right now Stephen Harper is not that leader," said protester Kai Miller.

The arguments were heated but peaceful. Keddy said the coalition supporters were rude to protest the rally. But others appreciated the diversity of views.

"Thanks for coming out today to express your opinions," said one Tory supporter to a pro-coalition student protester.

"Thank you," replied the student. "And thanks for the hot chocolate."

# Mosher seeks protection for Northwest Arm view

JENNIFER TAPLIN  
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Linda Mosher is on a personal crusade to save the view of the Northwest Arm.

The Purcell's Cove-Armdale Councilor wants the view to have the same sightline protection as the Citadel.

"To me, it's a very key sightline that we should protect," she said.

"When you come down and you're stuck trying to get in the rotary and you look out, the view changes everything."

Boats peeking out of the fog with the Dingle Tower standing sentinel makes it one of the best sights in the city.

There are no impending high-rise developments to prompt her concern, but Mosher said that the view

has been threatened in the past, and she's looking to protect it for the future.

A few years ago, for example, Maritime Life requested a pedway across Joseph Howe Drive.

"When they called me, I said over my dead body," Mosher said.

Overpasses were brought up as an idea when the rotary was changed to a roundabout.

"I didn't want to see that because you'd have these big concrete structures with lengthy retaining walls. So now we've got the roundabout configured ... but in 20 years someone could come back with an overpass proposal."

Mosher said she thinks even the new signs at the roundabout are too big and obstruct the view.

She adds that there are important historical places around the Northwest Arm

## Tower recognized

• It's not official yet, but Coun. Linda Mosher said the Dingle Tower will soon be recognized as a national historic site.

The stone tower overlooking Northwest Arm recently celebrated its centennial birthday.

It was built in 1908 to signify 150 years of representative government in Nova Scotia.

the public needs to see.

"Dead Man's Island, for one, the Armdale Yacht Club used to be a prison, you've got Sir Sanford Fleming Park, and you've got the 30-metre high Dingle Tower."

Mosher is going to bring up the issue of protecting the view at tomorrow night's city council meeting.

## Telethon Christmas Daddies



The Maureen Smith Band performs during the Christmas Daddies Telethon on CTV yesterday. The telethon raised money for a better Christmas for less-fortunate kids living in the Maritimes.

## News in brief

**AGRIFOOD** The province is spending \$2.3 million over the next three years to help local farmers sell products to the rest of us. The money is meant to improve buyers' ability to find local food, and to help

connect farms in rural areas with urban markets. The agri-food sector contributed about \$904 million to the provincial GDP last year, according to Agriculture and Agri-Food Canada. **METRO HALIFAX**



The province has signed an agreement to work with volunteer groups on policies and programs to help volunteers. More than 377,000 Nova Scotians volunteer — that's third in the country behind B.C. and the Yukon in number of volunteer hours. **METRO HALIFAX**

## Zimbabwe lawyers speak out on human-rights violations

EDANA ROBITAILLE  
for Metro Halifax



Two representatives from Zimbabwe Lawyers for Human Rights (ZLHR), executive director Irene Petras and lawyer Andrew Makoni, are in Halifax to talk about their organization and the human-rights situation in Zimbabwe. It is one of five stops on a Canadian tour.

ZLHR aims to protect Zimbabweans from rights abuses. The organization has just won the John Humphrey Freedom Award for its work in obtaining justice for rights-abuse victims in Zimbabwe.

In all their cases since 2003, there hasn't been one conviction of a human-rights offender.

"We've got very corrupt institutions that are not accountable to the people and they haven't been able to protect them," Petras says. "We're talking about the judiciary, the election commission, which failed to protect the vote in

2008, earlier this year. We've got a police force that has been involving itself in many human-rights violations."

The power-sharing agreement between President Robert Mugabe and Prime Minister Morgan Tsvangirai has been signed but not implemented; leaving the country without a functioning government for the past eight months and creating a brutal situation.

"Nothing has changed. If anything, we have seen an escalation in rights violations of late," says Makoni. "This agreement is a clause to protect life and to allow free political activities, yet freedom of assembly and association and freedom of expression and activists continue to be targeted."

Petras says winning the John Humphrey award has special meaning.

"For this kind of recognition so far from home, it gives us hope. It's very reassuring to know that the international community is watching what's happening in Zimbabwe."

**"Nothing has changed. If anything, we have seen an escalation in rights violations of late."**

Andrew Makoni



Laura Avelar, a Mount St. Vincent University student, reads through a blog on her laptop recently. A new Statistics Canada study has found while Canadians are spending less time meeting with people face-to-face, they are keeping in touch with family and friends through methods like e-mail, instant messaging and online phone calls.

## The socially aware flock to Net

EDANA ROBITAILLE  
for Metro Halifax



### The days of the anti-social computer nerd are numbered.

A new study by Statistics Canada says that although Canadians are spending a little less time face-to-face, they are more socially involved than before.

It turns out the people hiding behind their laptops are actually as social as anyone else.

That's good news for Laura Avelar, a fourth-year student at Mount St. Vincent University. She's a self-confessed Internet addict, and says she doesn't like to go out that much.

### "You get to talk to a lot of people that you can't normally reach in the for-real world."

Laura Avelar

She uses the Internet to keep in touch with people she likes in the "real world."

Half the time people are online, they're doing social things like e-mailing, instant messaging or making online phone calls. The study finds that people who spend a lot of time online also use the phone more often.

Ben Veenhof, one of the authors of the study, says this proves there's a shift in how we socialize.

He says that often, the

Internet is used to arrange in-person meetings between friends and family and to keep in touch between those meetings.

Avelar thinks the Internet is great for keeping in touch.

"You get to talk to a lot of people that you can't normally reach in the for-real world, but at the same time, it can be really isolating if you're using it less for social networking and more for just personal entertainment."

"I can just spend hours

on blogs, clicking on links, not even talking to people."

Spending hours surfing allows Internet users to find out what's going on in their communities and gives them ways to get involved.

Veenhof says frequent Internet users are more likely to volunteer. Sixteen per cent of people who spend more than one hour a day on the Internet volunteer more than 15 hours a month. Almost 13 per cent of non-Internet users did the same.

In 2007, 78 per cent of HRM residents were Net surfers — higher than the 73 per cent national average.

### News in brief

**CRASH** A pickup truck flipped Saturday night, killing one of the occupants. The crash happened at 10 p.m. on the Upper Clyde River Road in Shelbourne County. When police arrived, they found one occupant dead, one uninjured and the driver gone. He was found six hours later at a relative's house.

**THEFT** A 16-year-old boy was yanked from his bike in Shubie Park on Thursday night. At around 9:30 p.m., the teen was approached by two other teens who pulled him off his bike and took off with it. The suspects are described as two white males between 16 to 18 years old. The victim wasn't injured. **METRO HALIFAX**

## Montreal Massacre victims remembered in ceremony



Fourteen Dalhousie University students participate in the candlelight vigil Saturday night honouring the 14 women killed in the Montreal Massacre.

KAMIA CREELMAN  
for Metro Halifax



"They were killed for what I am," said Krista Ash, one of 14 Dalhousie University students who held a candle in Saturday night's campus vigil honouring the 14 women killed in the Montreal Massacre.

On Dec. 6, 1989, Marc Lépine went on a shooting rampage in the Engineering department at the École Polytechnique in Montreal. He used a semi-automatic rifle to shoot into classrooms, hallways and the cafeteria. Twelve engineering students, a nursing student and a student working in the financial services office — all women — were killed. Four-

teen others were injured.

In one classroom, Lépine shot a round into the ceiling and told the men to leave.

He lined the remaining nine women against the wall. "I hate feminists," he said, and shot the lineup left to right, killing six.

Nathalie Provost, a student injured in the lineup, pleaded, "Look, we are just women studying engineering ... just students intent on leading a normal life."

The terror of that day is still felt. Elizabeth McCormack, co-ordinator for Dalhousie Women's Centre, was a first-year student at McGill University in 1989.

McGill "was on security lockdown for exams," McCormack said, "terrified of a

copycat."

"The Montreal Massacre is about us," she noted during the ceremony. Afterward, each of the 14 Dalhousie students, one after another, lit a candle in the name of a murdered student.

"It was very emotional to stand holding a candle, to be given a name — very humbling," Ash said.

"It was overwhelming," another student, Alana Robertson, 22, said.

The message of the quiet candlelight vigil, in contrast to the terror of hate and gunfire, is powerful: Stand up, don't forget.

"We are them," Zandra Gillis, 24, a key organizer of the event said.

"It's important to honour them."



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Sources say New Brunswick MP Dominic LeBlanc will announce today that he will no longer pursue the post as leader of the Liberal Party of Canada, CBC News reported yesterday. But other reports say LeBlanc has yet to make a decision. **CBC NEWS ONLINE**

# Canada



## Bang the drum slowly

Jagjit Singh of Brampton, Ont., recently received a certificate for the Guinness World Record for Longest Drumming Marathon — Individual following his 110 hours of tabla tapping in 2007. He's now trying to break his own record.

TORSTAR NEWS SERVICE

# Leadership on front burner

Liberals proposing to find new party leader before Parliament returns

**Federal Liberals are moving to dramatically expedite their leadership contest to have a new leader in place by the time Parliament returns in late January.**

That would give Canadians an "alternative" to Prime Minister Stephen Harper in time for a key budget vote and at a time when a Liberal-led coalition is making its case to take over government, one party strategist said.

"There's too much at stake for us and for the country. We've got to get our act together," he said in an interview yesterday.

The push for a hasty contest to replace current Leader Stéphane Dion got a big boost yesterday when the two front-runners — Toronto MPs Michael Ignatieff and Bob Rae — both voiced support for moving ahead the leadership selection.

"I think that Mr. Dion

## Stepping down

• Dion had already announced he was stepping down after leading the party to one of its worst ever election showings in the Oct. 14 vote. However,

he had intended to remain as leader until a successor was chosen on May 2 at a leadership convention be held in Vancouver.

has to consider his options," Ignatieff (Etobicoke-Lakeshore) said yesterday.

"There's an emerging feeling in the caucus that, given the importance of

this vote in late January, it would be appropriate to have a permanent leader in place ... The caucus is considering various options about how to do that," he told CTV's Ques-

tion Period.

Rae said the dramatic events in Parliament in the last week-and-a-half have forced the Liberals to look at a new timetable for their leadership choice.

"The fact that the house is now adjourned and could be coming back at the end of January means that we need to have a new leader in place by then," said Rae (Toronto Centre).

TORSTAR NEWS SERVICE

## Internet distractions getting to students

While studying for an exam on American foreign policy the other night, Jonathan Tsao noticed his friends were all playing the "Page 56 game" on Facebook.

In the online diversion sweeping campus laptops this exam season, cram-weary students turn to page 56 of the text they are reading, look up the fifth line and make those words their "status," the buzz phrase that goes beneath their name.

"It's just some random sentence, but you get this sense of camaraderie from knowing all these poor souls are out there studying just like you," said the fourth-year political science major at the University of Toronto.

If only they were just studying.

The truth, say university counsellors, is that Facebook and MSN and World of Warcraft and 24-hour news feeds and Twitters and blogs are an addiction that has made hitting the books harder than it ever has been before. Students are getting wired from being so wired.

In fact, "Internet addiction is huge — it's one of the largest sources of anxiety students talk about when they come in for counselling," said Nellie Perret, a learning skills counsellor at the University of Toronto's counselling and learning services.

TORSTAR NEWS SERVICE

## Consultants paid billions: Report

**FEES** The Conservative government spent almost \$1 billion on consultants in its first two years in office — nearly double what the Liberals spent in a similar time period, a Toronto Star investigation shows.

Consultants with expertise in strategy, communications, policy, executive hiring, professional speaking, training and information technology were among the companies that benefited from the Conservative spending spree, an analysis of thousands of government records shows.

TORSTAR NEWS SERVICE



Quebec Premier Jean Charest speaks yesterday during a rally in Quebec City. Quebecers go to the polls in a provincial election today.

## Polls predict Charest majority

**POLITICS** Quebec Premier Jean Charest is poised for his third consecutive win today, with the fallout from Ottawa's ongoing crisis appearing to have strengthened both the federalist Liberal premier and the sovereignist Bloc Québécois.

When Prime Minister Stephen Harper lashed out last week at the Bloc for

"trying to break up the country" by supporting the Liberal-NDP coalition, there were brief signs his perceived Quebec-bashing would push votes to the flagging Parti Québécois and Leader Pauline Marois.

But polls continue to show Charest on the verge of turning a minority into a healthy majority. One thousand Montrealers who

showed up to cheer Bloc Leader Gilles Duceppe at a coalition rally on a cold Christmas-shopping Saturday largely expressed support for Charest.

"He hasn't made any major gaffes and a lot of people are fed up with the PQ," said teacher Jean-Michel Régimbal, 37, at the rally organized by Quebec's major unions. **TORSTAR NEWS SERVICE**

## News in brief

**GUANTANAMO BAY** In six weeks, Barack Obama will be inaugurated as U.S. president, and he has already vowed to shut the U.S. naval prison at Guantanamo Bay. While he has not outlined what that means for the 250 remaining captives, it's widely anticipated he will halt the ongoing military trials, which includes that of Canadi-

an Omar Khadr. Khadr's trial is scheduled to start Jan. 26 — six days after Obama takes office. If Obama halts the trials as anticipated, Khadr will again be in a legal limbo.

**CHILD SUPPORT** Debtors' prisons may generally be a thing of the past, but not when it comes to parents who

stubbornly refuse to pay child support. In a 3-0 ruling Friday, the Ontario Court of Appeal said judges have the power to order parents jailed for failing to comply with temporary support orders — made after someone has fallen behind in payments, but before a full court hearing into their ability to pay. **TORSTAR NEWS SERVICE**

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# Comment & Views

## Comment

# Best in buyer's remorse

## HineSight

Anne Hines



Last week, I wrote about a foolish, impulsive purchase I recently made — a birdbath heater. I invited you all to e-mail me tales of your silliest purchases.

Here are the results:

- 43 per cent of e-mails received came from readers wanting to know where they too could buy a birdbath heater. A special shout-out to Bruce in Dartmouth, who reported he'd gone online and sourced out several different models of heaters. This is diligent, resourceful work, Bruce. It's missing the point of the exercise entirely, but it's diligent and resourceful.

**Harvey reports, "The stupidest thing I ever bought was a weight-loss book called The Grapefruit Diet." His second dumbest purchase? Twenty pounds of grapefruit.**



- 21 per cent of respondents shared charming stories of the birdbath heaters they already own and how happy their birds are.

- 0.5 per cent of readers objected to my being gay. Mom, stop sending me e-mails about this.

From those who actually weighed in, here's a cross-country sampling of "less than intelligent purchases we've made."

Chantal from Calgary says the most foolish thing she ever bought was a marriage licence.

"I should have known it was a dumb idea," she said. "It was my third one."

Roman (Ottawa) says he regrets spending money on

newspapers, "Since I realized I could get this great paper, the Metro, for free." Ahhhh...

Jennifer (Vancouver) admits to buying a Tile Titan, an electrical device that uses steam to blast bathroom tile scum.

"It made so much steam, my bottle labels fell off. I accidentally washed my hair with body wash for a week. It also removed strips of the bathroom wallpaper."

The only thing not affected? The tile scum.

Harvey (Victoria) reports, "The stupidest thing I ever bought was a weight-loss book called The Grapefruit Diet." His second dumbest purchase? Twenty pounds

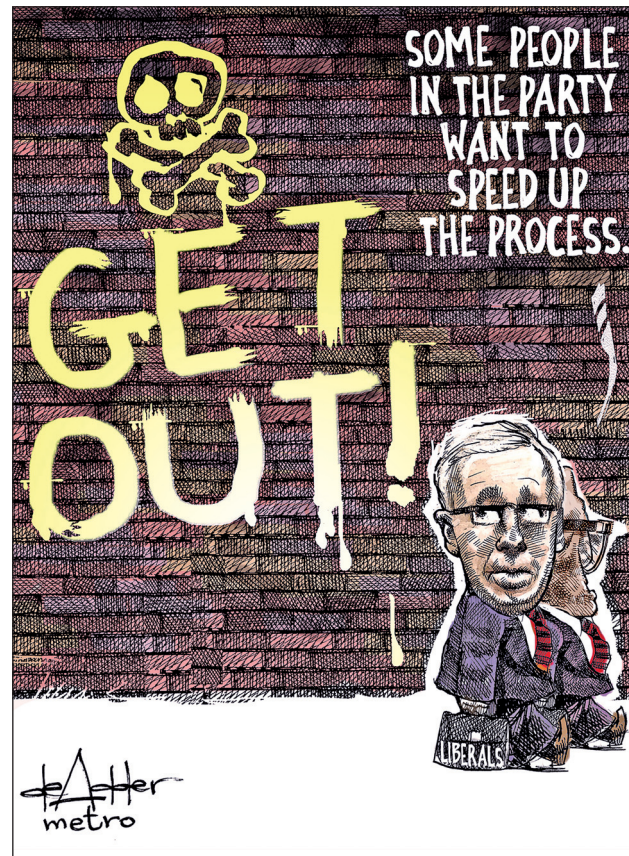
of grapefruit. "By the fourth day, I couldn't stand the sight of them. Fortunately it was Halloween so I just handed them out to the kids. They hated them, too."

Carol (Toronto) bought a fashionable chef's cookbook that insisted no cook should be without a mortar and pestle. She lugged one home, only to realize that each recipe calls for a mere ounce or two of freshly ground herbs. Either she had to buy a bunch and let most go to waste or try growing her own, which was akin to "watching plants die."

Carol's solution? Go back to using dried and enjoy her lovely new doorstep.

Finally, Lin (Halifax) says the dumbest thing she bought was "My ex-boyfriend's story about where he spent Friday night." Enough said.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



## Letters

### Canada did not elect a majority government

I am shocked by the number of people who profess such outrage at the idea of a coalition government and then spout off about coup d'etat, undemocratic, and all this other hyperbole.

Prime Minister Stephen Harper was elected with a minority government, and as such it is first and foremost his responsibility to govern in a manner based on co-operation with his opposition parties.

Not only has he failed to do this, he has done so in a manner rife with arrogance and his standard bullying nature. For those who say Canadians didn't vote for Dion, or didn't vote for a coalition, I say simply: 62 per cent of us didn't vote for Harper and his conservative platform.

PAUL CASKEY, HALIFAX

### Opposition offers surprise present from the past

Just when Canadians thought they were through yet another federal election and had democratically elected the government of their choice an irresponsible and power mad opposition come up with a surprise Christmas present to

oust the Conservatives.

This attempt to take power without a vote is shameful enough but I find it even more distasteful that former prime minister Jean Chrétien and NDP leader Ed Broadbent would have such contempt for democracy as to be involved in this backroom deal.

GERALD HALL, NANOOSSE BAY, B.C.

### It's up to consumers to adapt to changing oil prices

Some people may be happy see the recent fall in oil prices, which means gasoline prices tumbled as well.

However, expensive oil forces us to be more innovative in searching for alternatives, and it improves efficiency in the way we use our land, how we move around (smaller cars, better transit) and how we make things (companies invest in more energy efficient machinery).

There are many solutions, such as not driving. Or if you need to drive because you live two hours away from your job, then it's best to move near your work place. I don't see why oil companies need to accommodate our personal preferences.

KAMALIKA BARUA, TORONTO

## Views

# Dirty truth about wasteful dishwashing

## CleanBreak

Rochelle Owen

rochelle.owen@gmail.com

Which is better for the environment when washing dishes — hand-washing or dishwasher?

It depends on the washer. How conserving is the person washing the dishes? How water-efficient is the dishwasher? One study concluded that to wash 12 place settings, it took on average 113 litres for hand-washing as compared to 15 litres for a dishwasher. Other literature cites 30 to 53 litres of water per dishwasher

wash for older models (12 years or more) and 10 to 38 litres per wash for newer ones. Hand washing figures ranged from nine litres to 113 litres per wash.

The 113 litres seems extraordinarily high. So, I decided to do my own experiment. If you live in a house in HRM, you have access to a water meter that records consumption. I ran three tests using the water meter in my house.

I filled our five-year-old Energy Star dishwasher and counted the exact items. I ran it on normal setting and used air dry (to save energy). This wash used 28 litres of water.

I then waited two days, used the exact number of items, and hand-washed them in a plugged sink. I rinsed them with a low-

flow rinsehead. This used 11 litres.

Would I have waited two days normally to hand wash dishes? Probably not, so the 11 litres may be increased a bit with two or three smaller washes. I then tried the dishwasher on light wash. It used 20 litres.

Much of the electricity dishwashers use is to heat water. Hot water is most likely used in hand-washing, too. Materials are used to create, ship, and dispose of a dishwasher, so likely a full-life cycle cost would see efficient hand washing slightly ahead of an efficient dishwasher on the environmental side.

Newer Energy Star-rated dishwashers use as little as 12 litres per wash. If you are buying a new dish-

washer, buy Energy Star, and look at the litres per wash cycle information for the lowest possible number.

If you are using a dishwasher now, run it when it is full, use air dry and try the light cycle if you have one. If you are handwashing, save up a sink full of dishes, soak, and rinse using a low-flow aerator.

If you want to tackle water consumption in the house, also think about low-flow or dual flush toilets, low-flow showerheads and aerators, water-efficient washing machines, and rain barrels.

Have a question? [rochelle.owen@gmail.com](mailto:rochelle.owen@gmail.com).

Rochelle Owen has worked in the environment and sustainability field for more than 19 years. She currently works as the director of sustainability at Dalhousie University.

It's your turn to tell others what you think. E-mail your thoughts and opinions to: [halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca)

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.



**Taliban urges Western troops to leave Afghanistan**

Taliban chief Mullah Mohammad Omar urged Western forces yesterday to take a "golden opportunity" to leave Afghanistan before thousands of their troops were killed in the Islamist group's renewed insurgency. **REUTERS**

9

# World/Business

## Riots flare in Greece



A protester throws a stone at policemen during riots in Athens yesterday. Hundreds of demonstrators clashed with riot police in Athens and the northern Greek city of Thessaloniki in a second day of protests at the shooting of a 15-year-old boy by police.

**Thousands of demonstrators clashed with riot police in Athens and the northern Greek city of Thessaloniki yesterday in a second day of protests at the shooting by police of a 15-year-old boy.**

Protesters hurled fire bombs at riot police along one of the capital's main streets, after security

forces fired tear gas at marchers protesting against the shooting late on Saturday. It was the worst rioting to hit the country in years.

"Two car dealerships ... have been completely burnt down. A supermarket is on fire and it seems there are at least four people trapped on the third

floor, above it," said an Athens police statement.

In Thessaloniki, a protest by more than 1,000 people descended into violence when marchers lobbed firebombs at police television images showed.

Two police officers were arrested on Saturday in connection with the boy's shooting. **REUTERS**

## Obama will offer Iran economic incentives

**NUCLEAR POWER** President-elect Barack Obama said yesterday he was prepared to offer Iran economic incentives to stop its nuclear program, but he also warned that sanctions could be toughened if it refused.

"We are willing to talk to them directly and give them a clear choice and ultimately let them make a determination in terms of whether they want to do this the hard way or the easy way,"



Barack Obama

Obama told NBC's Meet the Press program.

Dealing with Iran's uranium enrichment program, which some Western countries say is being used to develop a nuclear bomb, will be one of the first foreign-policy tests for Obama after he takes office Jan. 20.

Iran said last week it did not believe U.S. policy would change under Obama. **REUTERS**

## GM head should 'move on': Dodd

**AUTO** Senate Banking Committee chairman Christopher Dodd said yesterday General Motors chief executive Rick Wagoner should resign to allow new leadership.

"I think he has to move on," Dodd, a Connecticut Democrat who is leading efforts to craft legislation

to bailout U.S. automakers, said on CBS's Face the Nation.

Dodd said the legislation would buy the U.S. auto industry time to work through structural and financial problems. He said industry restructuring should be done under new leadership. **REUTERS**

### News in brief

**PAKISTAN** Militants set afire 96 trucks carrying Humvees and military vehicles for Western forces in Afghanistan in a raid in the northwestern city of Peshawar yesterday, police said. Security guards said they were overpowered by more than 200 militants who attacked two terminals on Peshawar's ring road, where trucks carrying Humvees and other vehicles were parked.

**JAPAN** Support for Japanese Prime Minister Taro Aso slid more than 15 points to around 25 per cent in a poll released yesterday that also showed voters unhappy with his decision to delay measures to prop up the sagging economy. Aso is finding it difficult to keep his party in line as his support rate falls and the economy slides deeper into recession.

**IRAQ** A bomb went off yesterday, wounding 35 police and neighbourhood patrolmen in the city of Baquba as they were ceremoniously dismantling security barriers to show that violence was declining. Twenty-nine of the wounded were police. **REUTERS**

### Business

## Stronger financial rules to come in Obama's strategy

**President-elect Barack Obama said yesterday he would put strong new financial regulations at the centre of his economic-recovery program to force more accountability on the banking industry.**

Obama again warned that the U.S. economic crisis, which saw the country lose more than half a million jobs in November alone, would worsen before it gets better.

"As part of our economic recovery package, what you will see coming out of my administration, right at the centre, is a strong set of financial regulations," Obama said on NBC's Meet the Press.

"Banks, ratings agencies, mortgage brokers, a whole bunch of folks (will) start having to be much more accountable and behave much more responsibly."

Obama, who takes office on Jan. 20, began outlining

**"A whole bunch of folks (will) start having to be much more accountable and behave much more responsibly."**

Barack Obama

his economic recovery plan Saturday, saying he aims to create at least 2.5 million new jobs by 2011 and launch the largest U.S. infrastructure investment since the 1950s.

He did not put a price tag on the plan, which analysts say could cost at least \$500 billion US. He however acknowledged the costs would be "substantial" and would hike the budget deficit in the short term.

"We've got to provide a blood infusion to the patient right now to make sure the patient is stabilized," Obama said. **REUTERS**

### Business in brief

**EARNINGS** Royal Bank of Canada is bracing for deteriorating credit quality in fiscal 2009, predicting steeper job losses and more soured loans. RBC said it is preparing to absorb more credit losses after double-digit declines in its fourth-quarter and full-year profits. **TORSTAR NEWS SERVICE**

**TRADE** Big gaps remain in the positions of trade powers, and the latest negotiating texts from the World Trade Organization issued Saturday show that a new deal to open up global commerce is far from certain. Chairmen of the core agricultural- and industrial-goods talks said issues such as safeguards for poor farmers and proposals to eliminate duties for some industrial sectors remain dealbreakers. **REUTERS**

**AUTOS** The Canadian subsidiaries of the Big Three automakers want a total of about \$6 billion in loans and credit lines from the federal and Ontario governments. General Motors is seeking \$800 million now and \$1.6 billion later, while Chrysler is seeking \$1.6 billion. Ford said it would need a "standby" line of credit of \$2 billion. **TORSTAR NEWS SERVICE**

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Clean — or replace — your furnace filter. A dirty filter forces your furnace to work harder to heat your home. According to the Ontario Conservation Bureau, a clean filter can cut your energy use by five per cent. **TORSTAR NEWS SERVICE**

# Going Green

## Recycled steel saves

Canadians recycle steel at a rate of 65 per cent. Every tonne of recycled steel saves 1,131 kilograms of iron ore, 633 kilograms of coal and 54 kilograms of limestone, according to Greeniology: How To Live Well, Be Green and Make a Difference by Tanya Ha.

METRO NEWS SERVICES

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONews.CA

## Capitalists positive about possible carbon-spurred market

U.S. venture capitalists say they see a bright spot amid the international economic gloom: A potential trillion-dollar market in carbon spurred by new regulations and a growing awareness of

climate change.

The growth areas are less in traditional "green" businesses like solar panels and windmills and more in new infrastructure, such as a "smart" grid that would get

alternative energy from where it's generated to where the customers are, said Martin Whittaker of Mission Point Capital Partners. So-called smart grids let customers instantly see

the price of the power they are buying, which is expected to cut demand during daily peak load hours and reduce demand from centralized traditional fossil-fuel power plants.

REUTERS

## Why not bail out climate?

### ScienceMatters

David Suzuki & Dr. Faisal Moola



Many of you are working to recycle, reduce energy consumption,

and improve the world for your families and neighbours. The collective impact of these many small efforts is making a big difference.

Just think what you could do with \$4.1 trillion!

That's how much the U.S. and 17 Western European countries are spending to bail out financial institutions involved in an economic crisis that began in the U.S. and soon reverberated around the world. (The final amount will likely be a lot more. It's difficult to fathom such a large number, but consider that one trillion seconds is about 32,000 years!) To top it off, most of the details are secret; we don't really know what the money is being used for — although it probably hasn't stopped your retirement savings funds from plummeting.

The effect on people in developing nations is even worse. Most of them didn't have savings to begin with, and now the economic crisis, coupled with the effects of the climate crisis — including drought and food shortages — is causing more of our human family to suffer from extreme poverty and joblessness.

Just think what they

could do with \$4.1 trillion!

If we think we needn't worry about what happens to developing nations because it isn't affecting us, we should remind ourselves that, just as everything in nature is connected, so is everything in our global economic and political systems. Increased international job competition and reduced export opportunities are just two of the smaller impacts mentioned in the IPS report.

But the worst meltdown isn't of the global economy. Another report, Climate Safety, from the Public Interest Research Centre, shows the Arctic's late-summer ice is melting much faster than scientists previously predicted and may disappear within three to seven years. The cascading consequences of such an event could be catastrophic.

Just think what we could do with \$4.1 trillion!

Instead of giving companies these huge sums of money so they can continue business as usual, buying and selling, merging, and paying their executives obscene salaries and bonuses, we could put it toward renewable energy, sustainable urban planning, and research into ways to lessen the impact of climate change — things that really would stimulate economies.

As citizens, we can and must do everything possible to keep our finite world alive and healthy.

Take David Suzuki's Nature Challenge and learn more at [www.david.suzuki.org](http://www.david.suzuki.org).

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

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Toronto to host UConn and Buffalo in bowl game

The University of Connecticut is set to take on the University of Buffalo in the third-annual International Bowl in Toronto Jan. 3. The Buffalo Bulls won the Mid-American Conference title by shocking previously unbeaten Ball State in the championship game Thursday. METRO NEWS SERVICES

Sports



### Wie makes the grade

Despite a rough start to the round Michelle Wie, left, finished in seventh place at the LPGA's qualifying school yesterday, good enough to earn her a full-time card on the tour. The 19-year-old Wie has played in many LPGA and PGA tournaments in the past, but mostly on sponsor exemptions. Wie finished the five-round event 12-under par, six shots back of first-place finisher Stacy Lewis.

METRO NEWS SERVICES

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# Dolphins dominate Bills

## Miami boosts playoff hopes by winning first-ever NFL game in Canada

NFL ROUNDUP

Dolphins 16, Bills 3

**Chad Pennington threw for 181 yards and one touchdown on an efficient 23-of-29 passing, as Miami topped Buffalo 16-3 at the Rogers Centre in Toronto yesterday, in the first NFL game played in Canada.**

Ronnie Brown ran for 70 yards on 16 carries for the Dolphins (8-5), who pulled into a three-way tie for first place in the AFC East with the win.

**Eagles 20, Giants 14** — Brian Westbrook rushed 33 times for 131 yards and a touchdown while adding six receptions for 72 yards and a score, as the Philadelphia Eagles scored a surprise 20-14 victory over the New York Giants in East Rutherford, N.J.

Donovan McNabb threw for 191 yards and a touchdown on 19-of-30 passes for the Eagles (7-5-1), who have won two in a row and kept their hopes alive for a post-season berth with a huge road division victory.



Anthony Fasano of the Miami Dolphins is stopped by Paul Posluszny during yesterday's game at Rogers Centre in Toronto. The Dolphins won 16-3 with Fasano scoring the game's only touchdown.

**49ers 24, Jets 14** — Shaun Hill threw for 285 yards with a pair of touchdowns as the San Francisco 49ers

surprised the New York Jets 24-14 in San Francisco. Hill connected on 28-of-39 passes and was picked

off once, and Frank Gore rushed for 52 yards on 14 carries and also caught a four-yard touchdown pass

RICK STEWART/GETTY IMAGES

before leaving the game early in the third quarter with an ankle injury.

**Steelers 20, Cowboys 13** — DeShea Townsend's 25-yard interception return with 1:40 left gave Pittsburgh two touchdowns in 19 seconds, after going nearly 58 minutes without finding the end zone, and the Steelers earned a 20-13 victory in a heavyweight defensive bout with the Dallas Cowboys from Heinz Field in Pittsburgh.

**Patriots 24, Seahawks 21** — Sammy Morris scored the game-winning touchdown late in the fourth quarter as the New England Patriots fought back to down the Seahawks, 24-21 in Seattle.

Elsewhere in the NFL, it was: San Diego 34, Oakland 7; Chicago 23, Jacksonville 10; Minnesota 20, Detroit 16; Houston 24, Green Bay 21; Indianapolis 25 Cincinnati 3; New Orleans 29 Atlanta 25; Tennessee 28, Cleveland 9; Denver 24, Kansas City 21; Arizona 34, St. Louis 10.

METRO NEWS SERVICES

## Oklahoma, Florida set for title game

**FOOTBALL** Florida will play Oklahoma in the Bowl Championship Series national title game Jan. 8 in Miami, leaving Texas out of the championship picture despite the Longhorns dealing the Sooners their only loss of the season.

The BCS has been controversial since it started and this year is no different. Texas was left out of the Big 12 title game as it lost a three-way tiebreaker between Oklahoma and Texas Tech.

The Sooners then throttled Missouri Saturday night for a second straight year in the conference title game. METRO NEWS SERVICES

## Hurricanes' Ward placed on IR

**NHL** The Carolina Hurricanes placed goaltender Cam Ward on injured reserve yesterday with a groin problem.

The 2006 Conn Smythe Trophy winner, Ward is 8-7-2 with a 2.68 goals-against average and .911 save percentage in 18 games this season.

METRO NEWS SERVICES

# Trail Blazers hold off surging Raps

NBA RESULTS

Portland 98 | Toronto 97



**NBA** Steve Blake scored 19 points, including the game-winning three-pointer with 8.9 seconds remaining as the Portland Trail Blazers edged the Toronto Raptors, 98-97, at the Air Canada Centre in Toronto yesterday.

"I get a lot of three's off of rebounds, the defence collapsing and the ball is tapped out and I am wide open," Blake said. "That last play I got the ball and I wanted to be aggressive. They were playing good defence, so I just wanted to create something off of their defence."

LaMarcus Aldridge added 20 points and eight boards, and Brandon Roy had 15 points with seven assists for

Portland.

Jermaine O'Neal scored a season-high 24 points and grabbed eight rebounds, while Chris Bosh had 19 points and Jose Calderon 15 points and 13 assists for the Raptors, who have dropped four straight and two in a row under interim head coach Jay Triano.

A 17-2 spurt put the Raptors in front by a 95-90 margin with 3:41 to play, but the Blazers got a pair of free throws from Rudy Fernandez, one of two from the line by Greg Oden and jumper by Roy to tie things at 95-95 with 48 seconds left.

Bosh's jumper with 27 ticks remaining pushed Toronto ahead by a pair, but Blake's three-pointer with 8.9 seconds to go put the Blazers up for good at 98-97. Bosh's driving layup in the closing seconds was off the mark and the Blazers held on for the one-point victory.

METRO NEWS SERVICES



Portland Trail Blazers forward Greg Oden, right, puts up a shot over Toronto Raptors forward Jermaine O'Neal during yesterday's game. The Trail Blazers beat the Raptors 98-97.

## Sports in brief

**BOXING** Manny Pacquiao of the Philippines stunned 10-time world champion Oscar De La Hoya with an eighth-round TKO in their non-title fight in Las Vegas Saturday. Moving up two weight classes for his first fight at welterweight, WBC lightweight champion Pacquiao dominated De La Hoya from the opening bell.

**SPEED SKATING** Kristina Groves and Shannon Rempel found the podium again at the World

Cup event in Changchun, China, TSN.ca is reporting. Groves took silver and Rempel captured bronze in the women's 1,000m yesterday. Laurine van Riessen of the Netherlands took the gold.

**NFL** The Cleveland Browns are formulating a plan that ultimately could lead to the return of Marty Schottenheimer as their coach for the 2009 season, according to sources, ESPN.com is reporting.

METRO NEWS SERVICES

SCOREBOARD		
QMJHL	NFL	YESTERDAY'S RESULTS
LAST NIGHT'S RESULTS	N.Y. Islanders at Toronto	Arizona 34 St. Louis 10
Victoria 5 HALIFAX 2	Florida at Ottawa	Chicago 23 Jacksonville 10
Drummondville 8 P.E.I. 3	Buffalo at Pittsburgh	Denver 24 Kansas City 17
Moncton 6 Rimouski 1	Nashville at St. Louis	Houston 24 Green Bay 21
Shawinigan 5 Montreal 2		Indianapolis 35 Cincinnati 3
Val-d'Or 5 Chicoutimi 3		Minnesota 20 Detroit 16
NHL		New England 24 Seattle 21
LAST NIGHT'S RESULTS		New Orleans 29 Atlanta 25
Calgary 3 N.Y. Rangers 0		Philadelphia 20 N.Y. Giants 14
Carolina 3 Washington 1		Pittsburgh 20 Dallas 13
Chicago 7 Phoenix 1		San Francisco 24 N.Y. Jets 14
Colorado 5 Vancouver 4 (SO)		Tennessee 28 Cleveland 9
Anaheim 5 Columbus 3		Miami 16 Buffalo 3 (at Toronto)
TONIGHT'S GAMES		Washington at Baltimore
Tampa Bay at Boston		TONIGHT'S GAME
		Tampa Bay at Carolina



Lantz's Cory Urquhart is getting another shot at the American Hockey League. The 24-year-old former Montreal Canadiens prospect was recalled by the Springfield Falcons from the East Coast Hockey League's Stockton Thunder on the weekend. He had 19 points in 18 games with the Thunder. **METRO HALIFAX**

# Tigres strike quick, down Moose

## Halifax ends its third three-game weekend with a home loss to Victoriaville

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**They say two out of three ain't bad, but one out of three is going to have to do for the Halifax Mooseheads.**

The Mooseheads fell 5-2 to the Victoriaville Tigres in QMJHL play at the Metro Centre yesterday, finishing a three-games-in-three-days weekend with a win and two losses.

Victoriaville's quick-strike opportunism thwarted Halifax every time it gathered momentum, a trend that started after the Mooseheads struck first at the 5:44 mark with a goal by Travis Randell. Nine seconds later, it was 1-1, as Alexandre Labonte set the tone for the rest of the night.

"It was kinda like deflat-



Halifax's Logan MacMillan knocks down Victoriaville Tigres forward Philip-Michael Devos during yesterday's game at the Metro Centre. The Tigres defeated the Mooseheads 5-2.

ing the tires, pretty much," said Mooseheads forward Chad Earle.

Added Ned O'Brien: "We were smiling after that first goal. After they

scored, faces were slumped on the bench."

The Mooseheads had

enough air in the tires to compete, but there weren't many smiles the rest of the way.

The Tigres went up 2-1 at 12:08 of the first, then pounced twice in 35 seconds in the second period with goals from Jonathan Bonneau and Labonte again to go up 4-1.

Although Halifax cut the lead to 4-2 with a goal from Earle in the second period, the Tigres delivered the knockout punch 2:19 into the third with a goal from Maxime Tanguay, whose older brother, Alex, is one of the Mooseheads' all-time greats.

"We played well enough to win," Earle surmised,

"but the few chances we did have, we didn't score, and the few times we turned over the puck, they capitalized on them."

Mathieu Corbeil stopped 31 shots. Randell was the third star. The Mooseheads earned a 3-2 shootout win over the Bathurst Titan on the road on Friday, but lost 4-0 to the powerhouse Drummondville Voltigeurs on Saturday.

The win in Bathurst marked Halifax's only three-in-three win all season. This was the third of four triplets.

Halifax, 10-21-2, is 16th out of 18 teams, and faces the P.E.I. Rocket on the road on Wednesday.

**"We were smiling after that first goal. After they scored, faces were slumped on the bench."**  
Ned O'Brien, forward

## Hollett loses MFC belt

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**MMA** After 16 months, Roger Hollett has lost his Maximum Fighting Championship light heavy-weight belt.

The Fairview native saw his record fall to 7-2 in a unanimous decision loss to Emanuel Newton (11-3-1) at MFC 19: Long Time Coming on Friday night at River Cree Resort and Casino in Enoch, Alta., just outside Edmonton.

Judges' scorecards after the five-round fight read

50-45, 50-45 and 49-46. It was the first fight of Hollett's career that didn't end in submission, knockout or TKO.

Hollett's title defence had been a "long time coming" because he missed almost a year in between with torn anterior cruciate and medial collateral ligaments and a torn meniscus. Friday's loss was only his second fight since the injuries.

The 24-year-old Newton is rumoured to be headed for UFC after posting his ninth consecutive victory.

## Sports in brief

**JUNIOR A HOCKEY** The Halifax Lions dropped a 4-2 decision to the host Amherst Ramblers in Maritime Junior A Hockey League action on Saturday night. Chad Locke had a pair of assists for 43 points in 28 games this season, among the top-five scorers in the league. The Lions are 5-23-4.

**HOCKEY** Former Acadia Axemen standout Kevin Baker was named East Coast Hockey League player of the month on Friday. He piled up 12 goals and 11 assists for 23 points in 11 games in November with the Florida Everblades.

**METRO HALIFAX**

## Bedford goalie Delmas doesn't shoot, but scores

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**QMJHL** As a young goaltender, Peter Delmas always thought it would be pretty neat if he one day scored a goal.

When he was 10, one of his heroes, Jose Theodore, scored perhaps the greatest goalie goal of all-time with a backhand from behind his goal line that miraculously found the net.

On Saturday, the 18-year-old Lewiston Maineiacs stopper from Bedford became the second net-minder in QMJHL history to score a goal in a 4-3 loss to the Quebec Remparts.

It wasn't how Theodore did it, coming on a delayed penalty at 3:56 of the second period. He doesn't even remember touching the puck, but an errant Remparts backdoor pass to a pinching blueliner went the length of the ice and in.

"You never really think about it the way I scored it ... It's kind of a different way to do it," he said. "It would be nicer to actually have a shot that went in, but I'll take it for sure."

The goal was initially credited to his teammate, Maxime Gratchev, but later, an on-ice official suggested otherwise.



Bedford's Peter Delmas made history on Saturday, becoming only the second goalie in QMJHL history to score a goal.

"He said, 'We think you might have scored, we're checking,'" Delmas recalled. "Between periods, the stats guy came up and said, 'It looks like you were the last to touch it.' They announced the change at the start of the third."

In an unusual twist, Rimouski Oceanic goalie Maxime Gougeon also scored later that night, actually shooting the puck into an empty net with 2:08 remaining.

"Bizarre," Delmas said. Before Saturday, P.E.I. Rocket stopper Antoine Lafleur was the only other

Q goalie to find the net, in 2005 in Halifax.

Delmas, a Colorado Avalanche draft pick, hasn't had a lot to smile about on one of the Q's worst teams, sporting a bloated 4.58 goals-against average and .848 save percentage.

The goal, however, has provided him a lighthearted moment to razz teammates such as defenceman Sean Stables and forward Filip Janosik, both goalless this season.

"Everyone's been joking about it," Delmas said.

"I'll probably be chirpin' them the next couple of weeks."

## Rainmen on the hunt for big centres

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**BASKETBALL** The Halifax Rainmen have renewed their search for a big man.

The Premier Basketball League club has already signed two natural centres — Walter Moysse and Jason McGriff — but both unexpectedly reneged on their contracts for personal reasons before training camp opened last week.

The Rainmen have one true centre, 7-footer Tyrone McNeal.

"We're looking at another big guy; we're having

conversations with a couple," Rainmen owner Andre Levingston said. "We're gonna sign a couple of more guys."

The Rainmen have 10 players at training camp after 6-foot-6 tryout Nathan Clark of Charlotteville left camp on Friday.

All of the players are signed; none of them are local.

The Rainmen open the PBL exhibition season at The Tower on Dec. 26 at 2 p.m. against the Augusta Groove.



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**York law students return to class**

Osgoode Hall Law School students at Ontario's York University returned to class last week despite the ongoing strike by teaching assistants and contract faculty. **METRO NEWS SERVICES**

**13**

# Workology



## Intellectual daycare

University of Western Ontario professor emeritus Ian Hunter wrote in a column recently appearing in the *National Post* that he thinks Canadian universities have become a form of daycare where students will never be upset or intellectually challenged. **METRO NEWS SERVICES**

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA



Chimpanzees, like the one above, have been rescued from zoos and laboratories by Gloria Grow.

# Providing a better life, one chimp at a time

## OddJobs

**Diane Peters**



After running a successful grooming business outside Montreal for 19 years, Gloria Grow, upon approaching 40 decided she wanted to do more for animals than make them look good.

She and her veterinarian husband already owned a farm and had begun rescuing rabbits, horses and sheep. She got increasingly involved in animal rights, and heard a speech from Dr. Jane Goodall at a conference; she said there were HIV-positive chimpanzees living in labs across North America who needed homes.

Grow then volunteered to work with chimps at the University of Washington. "I knew then that this was what I wanted to do."

She discovered a lab in New York State that was closing. Using her retirement savings, she built a 10,000 square foot facility on her farm in early 2007. That fall, 15 chimps arrived; some of them had HIV.

The illness wasn't a

problem. Chimps can naturally fight the disease, and she just had to take extra care when near their blood or waste. More difficult to handle was the chimps' post-traumatic stress from life in the lab. "When I met them in the lab they were trying their best to be nice. But when I got them here, all hell broke loose," she recalls.

Chimps, which weight around 200 pounds each, are very strong and can become violent, even if they know and like you. Caregivers have been known to lose hands.

In the early days, Grow worked mostly by herself, with the help of family

members, and almost never left the farm. Eventually, thanks to media coverage and several documentaries, people started donating to the nonprofit she had created, the Fauna Foundation, and she hired help.

More than ten years later, Grow, now 53, has a staff of ten and spends just three days a week in the chimp house.

These days run from eight until five, with most of the time spent cooking — chimps start their day with smoothies and eat large quantities of a human-like vegetarian diet. There's also the cleaning of the cages, dealing with

injuries and taking visitors around. Newcomers have little direct contact with the chimps — who don't like strangers and can get violent.

Grow has become very emotionally connected to her charges, six of which she's seen pass away. She says some of her older residents like Tom and Sue Ellen feel like old, dear friends, while the newer chimps — she's more recently rescued two from zoos, and now has a total of 13 — feel almost like her own children.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

## To move, or not to move ... for school

**JON TATTIE**  
for Metro Canada



**When starting university, the decision to stay at home or move to a new city is a major one. A fresh adventure in a new place has lots of merits, but comes at a price.**

Sebastian Vuong moved from Brampton, Ont., to Halifax to study medicine at Dalhousie University. While the Canadian Forces covered his \$5,000 moving bill, he says most medical students take out a \$150,000

line of credit to cover costs of living and tuition. He lives with two roommates from Brampton and they struggle to pay the bills.

"They've stated that employment here is not only more difficult to find, but earnings are less," he said. "The cost of living is comparable to Brampton, and less than in Toronto."

Vuong doesn't regret his decision. "I wouldn't want to be anywhere else but here, learning everything I am. I'd never been to the east coast before my move, but I've quickly discovered

that Halifax is a great city."

Dartmouth's Andrew Murray on the other hand left Nova Scotia to take a communications degree in radio and television arts at Ryerson University in Toronto.

"I definitely didn't leave Halifax because I hate it, or anything," the first-year student said. His main motivation was the particular program offered at Ryerson. "The choice to leave home is a big decision. Education is a huge investment, and you've really got to sit down and think about it."

## HALIFAX REGIONAL MUNICIPALITY

### CAREER OPPORTUNITIES

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# Hope lies within IT and health

Economic downturn or not, there are jobs out there

## Job Trends

ROBYN YOUNG  
for Metro Canada



With over 50,000 jobs recently slashed at America's biggest bank and the automotive industry spiralling ever deeper into debt, it's hard not to worry about employment, or the lack thereof.

But career services experts in Canada say there are still jobs to be had for those with the right skills and the country's employment situation isn't as bad as the headlines might suggest.

The massive job cuts, says the president of Workopolis.ca, are happening in the United States and have only started in Canada — which can be seen in the recent increase of the national unemployment rate to 6.3 per cent, Statistic Canada recently reported.

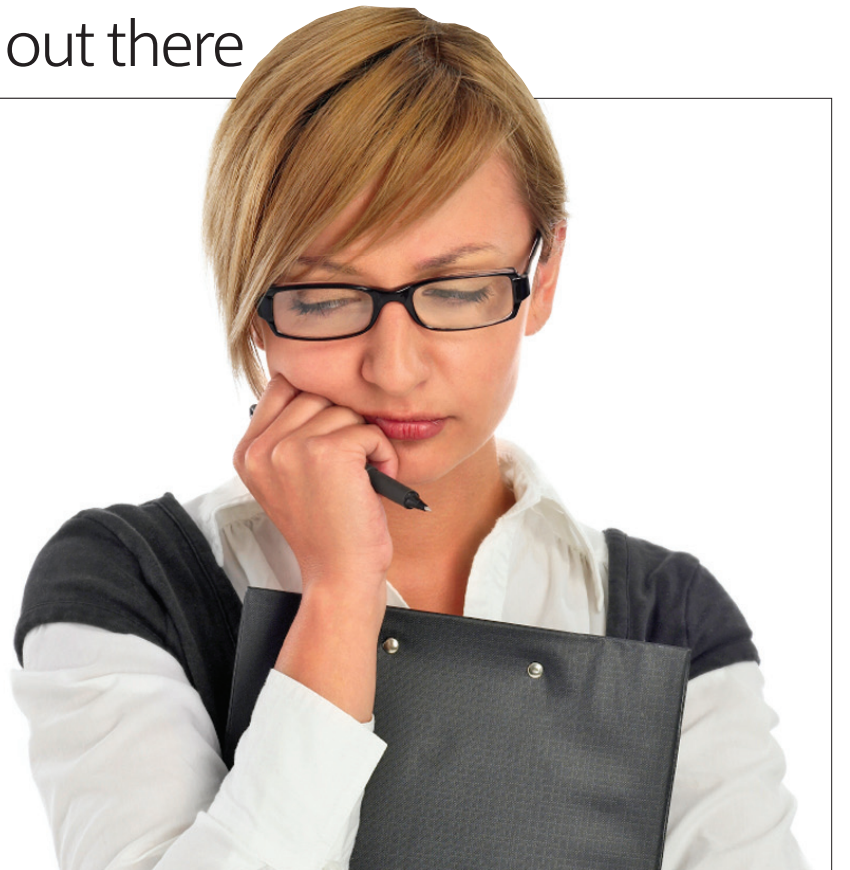
"In the U.S. we're seeing extremely high unemployment rates: Between 6 and 6.5 per cent which is really, really high for the U.S.," said Pat Sullivan, president of Workopolis.

"In Canada, we're (still) at 20-year lows for unemployment and it's important to keep that in perspective."

In October, 1999, the unemployment rate in the

**"In some areas like technology, we're still seeing great demand; in areas like health care we're seeing great demand."**

Workopolis president Pat Sullivan



If you're worried about the economic downturn, remember there are sectors that continue to thrive.

country was 7.2 per cent.

While it's important to keep things in perspective, Sullivan said, with the stock market as volatile as it's been it's also important to remain cautious and many Canadian companies are doing just that through hiring freezes and cutting down on capital costs.

But economic downturn or not, there are sectors that continue to thrive and search out new hires.

"In some areas like tech-

nology, we're still seeing great demand; in areas like health care we're seeing great demand," Sullivan said.

In addition, employees with accounting skills are in high demand, says Greg McKeown, director at People Source, an employment solutions company in Toronto.

"When we are going through some of these uncertain times, it's even more imperative, for ex-

ample, that companies have top notch accountants driving the business," he said.

Companies have to watch their money more closely, monitor their budgets better, cut costs and improve on financial analysis, he said.

There continues to be jobs in Information Technology (IT) said McKeown and Sullivan, but many companies are now looking for employees with more specified skills such as .NET and systems management.

Whatever the sector, most notable is the demand for highly skilled

workers said a representative from Kelly Services Canada. The employment solutions company has been overwhelmed with requests for employees with engineering, finance or science skills.

Finally, if all else fails, try McDonald's, says the marketing coordinator for TorontoJobs.ca. The king of fast food reported a five- to 11-per-cent increase in revenues in the last quarter while the rest of the hospitality industry is facing all-time lows.

"(It's the result of) people not being able to afford to go out to a sit-down

## Another option

- Also in line with an economic crisis, some cities' job websites report an increase in want ads from collections agencies or accounts receivable departments; with tightening budgets everywhere you turn, some companies need more hands on deck to track down their money.

kind of meal," said Rachel Burns.

The result is a surge in postings for fast food and grocery store clerks, she said.

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**Gossip Girl spinoff in the works**

Dawn Ostroff, president of CW entertainment, admits the network is in discussions with Gossip Girl producers about commissioning a spinoff of the hit show. **FEMALEFIRST.CO.UK**

**15**

# Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

**Actor's appeal**

Wesley Snipes is appealing his three-year prison sentence for tax evasion, arguing his work to thwart terrorists (teaching airline flight crews martial arts) makes him a national hero. **IMDB.COM**

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

## Watching this is punishing



Punisher: War Zone brings the comic book to the big screen again.

**STEVE GOW**  
for Metro Canada

**Punisher: War Zone****Director:** Lexi Alexander**Stars:** Ray Stevenson, Dominic West**Class:** 18A**Rating:** ●

**REVIEW** Punisher: War Zone is the third attempt to bring the violent vigilante comic book character to the big screen, and by this latest example, the third time is not always the charm.

For those unschooled in the ways of the Punisher, he is Frank Castle (Ray Stevenson of HBO's Rome), an ex-marine set on riding the world of corruption after the murder of his wife and child.

In War Zone, we catch up to the Punisher taking on Billy Russo (Dominic West of 300), a devilish crime boss who was grossly disfigured at the hands of Castle. Set on retribution, Russo renames himself Jigsaw — his face looks like a moth-eaten quilt after all — and assembles an army of (inept) assailants to avenge the Punisher.

Basically, this movie aims to please the sort of movie fans who rate the excessiveness of a bad guy being impaled with a chair leg slightly higher than engaging screenplays or restrained performances.

So, with that in mind, I prefer to highlight who this film might be for: If you like action that borders on campy but isn't

**Screentimes**

- Bayers Lake, Mon-Thurs 1:25-4:25-7:20-9:55
- Dartmouth Crossing, Mon-Thurs 12:35-3:30-6:30-9:10

convincing enough to seem intentionally so, this movie's for you.

If you like a villain attempting to emulate the intensity of Heath Ledger's The Joker, but instead achieving a level of depth expected more from the likes of Steven Seagal, this movie's for you.

If you want to see a fat dude on a toilet get his head blown apart by a hollow-point gunshot, this movie's for you. Simply put, if you want to punish yourself at the theatre, then this movie's for you.

**Boy George could go to jail**

**PEOPLE** British singer Boy George could be jailed next month after being found guilty on Friday for falsely imprisoning a Norwegian male escort by handcuffing him to a wall.

Judge David Radford said a prison term was "the more likely option" when he sentences the 47-year-old former Culture Club frontman on Jan. 16.

**Guitarist Satriani sues Coldplay**

**MUSIC** Rock guitarist Joe Satriani has sued rock band Coldplay, accusing the Grammy-nominated stars of plagiarizing one of his songs.

Satriani's copyright suit, filed in Los Angeles, claims the Coldplay song Viva La Vida incorporates "substantial original portions" of his 2004 song If I Could Fly.

REUTERS

## Nine Inch Nails scraps 3-D tour plans

**Trent Reznor has scrapped plans for a 3-D film chronicling Nine Inch Nails' most recent tour, according to a post on the band's website (nin.com).**

The film would have been released in theaters as well as on DVD and Blu-ray, and was to be taped at a special free show using technology developed by Titanic director James Cameron. But various issues made the project an impossibility, something Reznor primarily blamed on his former label, Interscope, without naming the firm directly.

Reznor said he approached the Universal-distributed company about "producing /funding" the filming, but waited "as usual for months" before they declined. (Interscope was unavailable for comment.)

"We then achieved the impossible by finding alternate production/fund-



Trent Reznor has scrapped plans for a 3-D film chronicling Nine Inch Nails' most recent tour.

ing but the timetable is too rushed to get it filmed comfortably with the remaining time left on the tour," which ends Dec. 13 in Las Vegas.

That said, Reznor claimed the tour was "certainly the best thing I've ever been involved with and likely the final tour

for NIN on this scale." But he also promised "the shows we have announced in 2009 and any more that may be announced will be a completely different approach with some different personnel and will likely be the last for the foreseeable future." **REUTERS**

**Box office**

Ticket sales for Friday through Sunday at U.S. and Canadian theatres, according to studio estimates:

**1 Four Christmases:**

\$18.2 million US

**2 Twilight:**

\$13.2 million

**3 Bolt:**

\$9.7 million

**4 Australia:**

\$7 million

**5 Quantum of Solace:**

\$6.6 million

**6 Madagascar: Escape 2**

Africa: \$5.1 million

**7 Transporter 3:**

\$4.5 million

**8 Punisher: War Zone:**

\$4 million

**9 Cadillac Records:**

\$3.5 million

**10 Role Models:**

\$2.6 million

REUTERS

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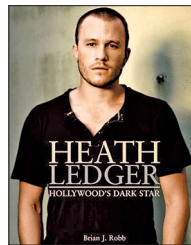
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# Chronicling Ledger's brief but bright career



## Heath Ledger: Hollywood's Dark Star

**Author:** Brian J. Robb  
**Publisher:** Plexus  
**Price:** \$25.95 (Paperback)

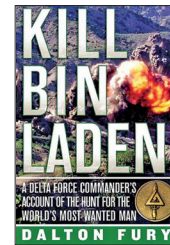
From playing a gay cyclist on Australian high school television drama *Sweat* to unhinged Batman villain The Joker in blockbuster *The Dark Knight*, Heath Ledger: Hollywood's Dark Star documents the actor's career, cut short by his premature death last year. The book is part biography and part photographic retrospective, covering Ledger's career and personal life since his acting debut, and observing his transition from teen heartthrob to Hollywood A-lister.



## Lucy Maud Montgomery: The Gift of Wings

**Author:** Mary Henley Rubio  
**Publisher:** Doubleday Canada  
**Price:** \$39.95 (Hardcover)

In Mary Henley Rubio's latest work detailing the life of Canadian writer Lucy Maud Montgomery, she draws on 20 years of her research on the author to construct an exhaustive biography. Rubio combines findings from Montgomery's journals and previously unpublished interviews with now-deceased sources. The result is a portrait that leaves little to the imagination.



## Kill Bin Laden

**Author:** Dalton Fury  
**Publisher:** St. Martin's Press  
**Price:** \$28.95 (Hardcover)

After 9/11, U.S. President George W. Bush's pledge to find and kill Osama bin Laden prompted the secretive Delta Force — about 40 of the country's finest intelligence and military personnel — to embark on a mission that still hasn't succeeded. Former Delta Force commander Dalton Fury uses extensive jargon and an account of the critical Battle of Tora Bora to flesh out his account of the elite unit's actions.

BRIAN COULTON/FOR METRO CANADA

### BookPicks

## Warlords reign at Golden Horses

**HONOUR** The Hong Kong historical drama *The Warlords* was the big winner at this weekend's Golden Horse awards, considered to be the Chinese-language equivalent of the Oscars.

Starring martial arts master Jet Li, *The Warlords* took the awards for best film and best director, beating out low-budget favorite *Cape No. 7* in an awards ceremony held in the central Taiwan city of Taichung.

The *Warlords* had 12 nominations, the most of any film, and although it won only three awards, these included the night's two top honors, plus best



Peter Chan Ho-sun, director of *The Warlords*, with his wife, actress Sandra Ng, at the 45th Golden Horse Awards.

visual effects.

The movie tells the story of a 19th-century general set to become governor during the waning years of the Qing dynasty. **REUTERS**

## Mafia drama rules film awards

**HONOUR** The Italian mafia drama *Gomorra* dominated the European Film Awards, winning five prizes including best film, best director and best actor. Based on a book by Roberto Saviano, who has lived under police protection for two years because of death threats from gangsters, the hard-hitting film depicts organized crime in Naples.

Honorary awards were presented to the founders of the Dogma film movement, Soren Kragh-Jacobsen, Kristian Levring, Lars von Trier and Thomas Vinterberg. **REUTERS**

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Holiday Show



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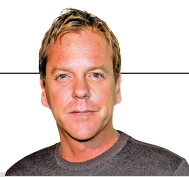
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## Sutherland's star

Actor Kiefer Sutherland is to be honoured with the 2,377th star on the Hollywood Walk of Fame tomorrow. [IMDB.COM](http://IMDB.COM)



# Saddam story a soap opera

## IntelleVision



**HUSSEIN ASYLUM:** HBO Canada premiered the first two hours of *House of Saddam* last night, half of the four-hour miniseries dramatizing the reign of the late Saddam Hussein from his seizure of the presidency in 1979 to his death in 2006.

Perhaps because it was HBO — in association with the BBC — who put together the project, it's not surprising that the majority of the reviews have compared the show, and Yigal Naor's performance as Saddam, to *The Sopranos*, when they haven't been comparing it with *The Godfather* or *Scarface*.

It's a thickly curdled soap opera, cast with everyone from an Israeli (Naor), to an Italian-American (Philip Arditti as Uday Hussein, Sad-



Many reviews have compared the show, and Yigal Naor's performance as Saddam Hussein, to *The Sopranos*.

dam's psychopath son), and a Persian Oscar nominee (Shohreh Aghdashloo), and seemingly every actor who's been seen portraying an Arab in films large and small over the past decade or so, glimpsed in major roles or cameos.

It's possibly the most spoiler-proof film made

in a generation; even political shut-ins should know the ending of this story.

Four hours gives the directors and writers behind the series room to shoehorn in as much as they can, from the opening, with its conspicuous parallel to the opening wedding party scene in

the first *Godfather* film, to the King Lear-like passage at the end where Saddam wanders through American-held Iraq, attended by a loyal servant and a little boy and harassed by ants.

In this final stretch, the film does its best to humanize the Iraqi dictator, but after everything

we've seen so far, it actually feels more disturbing than the horror of ambition and delusion that preceded it. There's a relentless heaviness to the whole affair, set largely by Naor's rumbling impersonation of Saddam, which more than a few reviewers have compared to Darth Vader.

Most people won't have the stomach to make it to the end of all four hours (the second half airs next Sunday), and opponents of the U.S. invasion of Iraq won't find much to bolster the alternative with the painstaking dramatization of every bloody convulsion of Saddam's Stalinesque career.

The cast can take a good deal of credit for this — while some reviewers were clearly expecting a *Dallas* on the Euphrates, the performances of Naor, Arditti and Aghdashloo as well as the rest of the cast make things less lurid than vivid.

Rick McGinnis writes about music, movies, books and television, but not opera.

## Latest comic book hero: Emo Boy

**MOVIES** Shrek producer John H. Williams and his Vanguard Films have picked up rights to the satirical cult comic book series *Emo Boy*.

*Emo* is a fashion and music style, as well as a description of someone who is overly sensitive or angst-ridden. The comic, published by Slave Labor Graphics, followed the travails of the most self-dramatizing young man in the history of the world, whose emotions were so intense he even had "emo powers."

The project has been described as being in the tone of *Napoleon Dynamite*, *Harold and Maude* and *Zoolander*.

Kyle Newman is set to direct the film, working from a script by Stephen Edmond, the comic's writer-artist. Vanguard, which discovered the book at the annual Comic-Con shindig in San Diego, hopes to make music a key component of the film. Newman also directed *Fanboys*, due to open Feb. 6.

REUTERS

## In brief

**NEW FILMS** Capitalizing on her *House Bunny* hit, Anna Faris has set up two romantic comedy projects. Paramount has picked up an untitled pitch about two estranged sisters who team up to land a husband. Additionally, Columbia has acquired 20 Times a Lady which centers on a woman who goes on a trek through her sexual past in an effort to find Mr. Right.

**NEW SERIES** Shakespeare in Love star Joseph Fiennes will play the lead role in ABC's hot drama pilot *Flash Forward*, a sci-fi project eyed as a potential companion to *Lost*. Based on Robert J. Sawyer's sci-fi novel, *Flash* chronicles the chaos that ensues after everyone in the world passes out for 2 minutes and 17 seconds and has a mysterious vision of the future.

REUTERS

See complete online movie listings, trailers, reviews and purchase tickets at [metronews.ca/movies](http://metronews.ca/movies)

## GlobalStyle

## Kenya Hunt

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## critics' corner

## Boston Legal

It's over? Say it isn't so! The always quirky, frequently funny, often poignant drama series comes to an end with an emotional two-hour episode. The firm is in dire straits and may need to be sold, but Alan (James Spader) has a more personal matter on his mind: getting hold of a nonapproved drug for Denny's (William Shatner) Alzheimer's. As Shirley and Carl (Candice Bergen, John Larroquette) plan their wedding, Denny pops a question of his own to Alan. 10 PM on ABC



## Daily Planet

Got a gadget geek on your gift list? Check out the science news show's "Tech Toys Week." It's a showcase for all kinds of weird and wonderful inventions — although most aren't available for purchase unless you're a billionaire. That includes a seaplane with a 645-horsepower engine and a solar car covered in crystals. But you can buy the T-shirt that tells you if you're in a Wi-Fi hot spot. 8 PM on DISCOVERY

## Christopher House: Ahead of the Curve

Dance! Modern dance choreographer Christopher House is the subject of this documentary directed by his sister Rosemary. She follows him as he creates "TimeCode Break" and gets him talking about his childhood and education. House joined the Toronto Dance Theatre in 1978 and has created more than 50 works for the group. 9 PM on BRAVO

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
12/8/08	31	31	31	ABC	News (N)	ABC Wild News	Chronicle	A Charlie Brown Christmas		Boston Legal "Made in China; Last Call"		
	7	7	7	ASN	The Road to Avonlea	Instant Star	TMZ (N)	Sarah Connor Chronicles		Two/Half Men	Adam Sandler's Crazy Nights	
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	Dragon's Den (N)	The Border (HDTV) (N)		CBC News: The National		The Hour
	2	2	2	CBC-F	Terre humaine	Pyramide (SC)	Virginie (SC)	Élections Québec	2008: le choix	Présentation des résultats des élections. (N) (SC)		
	32	32	32	CBS	News (N)	Evening News	The Insider (N)	Entertainment	Big Bang Th	How I Met	Two/Half Men	Worst Week
	69	69	69	CFTM	TVA 18 heures	Le Cercle (SC)	Shrek	Bloopers TVA	Le Québec vote	La soirée électorale. (N)		
	6	6	6	CIHF	Entertainment	ET Canada	Prison Break (HDTV) (N)	My Own Worst Enemy		Heroes "Our Father" (N)		News (N)
	9	9	9	CJCH	etalk	Hollywood	CSI: Miami (HDTV) (N)	Big Bang Th	Big Bang Th	Law & Order: Criminal Intent		News (N)
	10	10	10	ELTV	EastLink Mag.	Fishing	Harv's Sportsland (Live)	Build It	Harv's Sportsland		EastLink Television	
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	Sarah Connor Chronicles	Prison Break (HDTV) (N)		Fox First
primetime	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	Chuck (HDTV) (N)	Heroes "Our Father" (N)		Worst Enemy
	29	29	29	NW	World News	Business	CBC News	Newman	The Hour	CBC News: The National		Pedigree Dogs
	4	4	4	PBS-B	NewsHour With Jim Lehrer		Greater Boston	Viewer Favorites				
	35	35	35	PBS-D	NewsHour With Jim Lehrer		Business Rpt.	Worldfocus	Dr. Wayne Dyer: The Power of Intention			
	68	68	68	TQS	(6:30) Le Retour (SC)		Latulippe et cie		CSI: NY (SC)	Pushing Daisies (SC)		110 pour cent
	23	96	96	BNN	Business News	Headline	Market Call	Berman's Call	Money Talks	Business News	Squeeze Play	Market Call
	18	18	18	CNN	(5) The Situation Room		Lou Dobbs Tonight		Campbell Brown: No Bias		Larry King Live	Cooper 360
	54	54	54	GOLF	PGA Tour Golf: PGA Q-School		Post Game	Lessons	School of Golf	Golf Central	PGA Tour Golf: 2008 PGA Tour Q-School	Sportsnet Con.
	52	52	52	RSE	Prime Time Sports		Overtime		NHL Hockey Florida Panthers at Ottawa Senators. (HDTV) (Live)			
	55	55	55	SCOR	Score Update	Game On	The WWE Experience		(9:15) WWE Monday Night Raw			
sports	45	45	45	SPD	Unique Whips		Pinks	Pass Time	NASCAR Craftsman Truck Series Banquet (N)	My Classic Car	Auctions	
	53	53	53	TSN	Off the Record	SportsCentre	That's Hockey!	Monday Night Countdown	NFL Football Tampa Bay Buccaneers at Carolina Panthers.			
	43	43	43	FAM	Zoeys 101	Life Derek	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek
	44	44	44	TOON	Gotta Catch Santa Claus		Santa Claus	Bugs Bunny & Tweety Show	Wayside	Johnny Test	Futurama	American Dad
	26	26	26	TREE	Max & Ruby	Backyardigans	Bob-Bldr	Night Grdn	Wonder Pets	Franklin	Little Bear	Miss Spider
	27	27	27	YTV	Drake & Josh	iCarly	Malcolm-Mid.	Home Improve.	Fresh Prince	Sabrina-Witch	Futurama	Prank Patrol
	16	16	16	A&E	Cold Case Files (HDTV)		CSI: Miami "The Oath"		Intervention In-Depth: Meth	Intervention "Coley"		Mystery Hnt.
	70	70	70	APTN	News		Notre Peuple		La Cité	Mishkuenita	Rendez-vous sur la Lune (1995, Fantastique)	The First 48
	50	50	50	BET	106 & Park: BET's Top 10 Live			Hair Show ★ (2004, Comedy) Mo'Nique, Kellita Smith, Gina Torres.				Keyshia Cole
	37	37	37	BRVO	Street Legal		Desperate Housewives	Ahead of the Curve		Liberamae	Opium	Dance Atlantic
family	25	25	25	CMT	Dedicated (N)		Live & Up Front: Doc Walker	Home Improve.	Home Improve.	Reba	Reba	Hope & Faith
	49	49	49	COM	Laughs	Comedy Now	Air Farce	Just for Laughs	Corner Gas	The Simpsons	South Park	Dennis Leary
	153	153	153	COURT	W-FIVE		The Investigators		Cops Uncut	Dumb Criminal	Legal Briefs	Investigators
	38	38	38	DISC	Destroyed	Destroyed	Daily Planet (N)		MythBusters	Dirty Jobs		Worst Driver
	34	48	48	HGTV	Holmes on Homes		House Hunters	Property Virgin	My First Place	Home to Stay	Property Virgin	Marriage
	46	46	46	HIST	Underworld Histories		NCIS "Mind Games"		Battle 360 "Call to Duty"		Underworld Histories	NCIS
	17	17	17	MM	Video on Trial	Video on Trial	Meet Barkers	Meet Barkers	Pimp My Ride	Pimp My Ride	50 Cent: Money and Power	MuchNews
	19	19	19	MMM	MusicProfile	mmmtop10.com		Revival	Listed		Parental Advis.	Parental Advis.
	201	201	201	M1	Santa Clause 3		Sanctuary "The Five"		Stargate Atlantis (N)		Californication	True Blood
	48	23	23	OLN	The Amazing Race 6		Ed's Up	Videos	Pilot Guides		Mantracker	Departures
cable variety	51	51	51	PEACH	Seinfeld	Friends	House-Payne	House-Payne	Fools Rush In ★ (1997, Comedy-Drama) Matthew Perry.			Cheers
	206	206	206	PIX	(6:15) Bad Girls (1994)		Ararat ★★ (2002, Historical Drama) David Alpay.		Wayne's World ★★ (1992, Comedy)			
	67	67	67	RDI	RDI en direct	Élections Québec	2008: le choix	Présentation des résultats des élections.				
	39	39	39	SHOW	Prime Suspect 7		Love-Death	Love-Death	Painkiller Jane		Kenny-Spenny	Rent-A-Goalie
	40	40	40	SLICE	X-Weighted "Kendra"		Til Debt-Part	Rich Poor	Til Debt-Part	Til Debt-Part	Beautiful	Party Mamas
	47	47	47	SPACE	Stargate SG-1 "Enigma"		Lost		Star Trek		Battlestar Galactica	Eureka
	14	14	14	SPIKE	CSI: NY "Heroes"		CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		CSI: NY "Heroes"	CSI: Crime Scn
	57	98	98	STAR	FashionTele	Look-A-Like	The Ellen DeGeneres Show		TMZ (N)	etalk	Scream Queens	Tonight Show
	21	21	21	TLC	What Not to Wear		Little People	Little People	Little People	Little People	Jon & Kate	Jon & Kate
	56	34	34	TROP	News Show	News Show	TV Made, Do It	Very Bad Men		What Happen?	Make or Break	TV Made, Do It
cable variety	20	20	20	TV5	Que.-champion	Journal de Fr2	Toute une histoire		Des racines et des ailes "Numéro spécial: Ile de la Réunion"			Partir autre
	28	28	28	V	Just Cause		Murder, She Wrote		Prime Minister	May-December	The Waltons "The Star"	Emily-Moon
	60	97	97	VIVA	Mysterious Ways		Judging Amy "Instincts"		Commander In Chief		The West Wing	Truth, Duty
	22	22	22	W	Shopping Bags	Style by Jury	Will & Grace	Friends	How Clean	House	Love It or List It (N)	Confidential
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	Gossip Girl (HDTV) (N)		Privileged (HDTV) (N)	WGN News





Actress Amy Jo Johnson has welcomed her first child, a daughter. Francesca Christine was born at 9:09 p.m. last week, weighing 7 lbs., 1 oz. Dad is Johnson's fiancé Olivier Giner, 33. **PEOPLE.COM**

## Celebrity Buzz

# Milano files for restraining order



GETTY IMAGES PHOTOS

**LEGAL** Actress Alyssa Milano has filed for a restraining order against an alleged stalker after he reportedly tried to break into her home on two occasions, imdb.com reports.

Milano filed the petition in Los Angeles Superior Court on Friday, claiming Jeff Turner, 54, has made fre-

quent attempts to contact her over a two-year period, including trying to enter her L.A. home without permission.

According to E! News, the documents accuse Turner of being an "obsessed and mentally unstable fan" who has made statements "indicating that unless restrained, the conduct is very likely to continue."

Milano also asks for the restraining order to prevent Turner from having contact with her immediate family, and that he must stay at least 100 yards away from her and her home at all times.

An L.A. court hearing to decide if the order will be granted is set for Jan. 21.

**METRO NEWS SERVICES**

## Goodwin, Klein split

**BREAKUP** Ginnifer Goodwin and Chris Klein have called it quits after two years of dating, People.com reports.

A friend of Goodwin tells People the split was mutual and amicable.

"They realized they wanted different things," says the friend. "In the long run, the relationship wasn't going to work."

With a busy winter ahead for Goodwin, 30, who returns to HBO's *Big Love* in January and stars in *He's Just Not That Into You*, opening

in February, the actress plans to enjoy the single life for the time being.

"She's not interested in dating anyone just yet," the friend says.

Klein, 29, is also busy with work, returning to the big screen in *Street Fighter* in February.

Reps for Klein and Goodwin did not return calls for comment.

**METRO NEWS SERVICES**



## Pregnancy hard for Paltrow

**HEALTH** Gwyneth Paltrow is scared to have more children with her rocker husband Chris Martin because pregnancy makes her violently ill, imdb.com reports.

The actress is keen to expand the couple's family, but had to tough it out while expecting Apple, 4, and two-year-old Moses.

"In theory I'd love to (have more)," Paltrow says.

"But it's really hard for me when I'm pregnant — I'm sick as a dog for months. Sometimes I think, 'Oh my God, I want another one right now, I'll sustain any amount of vomiting or whatever. And then sometimes I think, 'Gosh, everyone's sleeping through the night now.'"

**METRO NEWS SERVICES**



## Beyonce talks about marriage

**RELATIONSHIPS** R&B singer Beyonce Knowles has confessed her marriage to Jay-Z is often a "power struggle," femalefirst.co.uk reports.

Knowles, who wed the rapper in April, admits being part of a superstar couple is tough. But she insists she loves the pair's challenging relationship, and would be "bored" without a headstrong husband.

"My marriage is a power struggle," she says. "But if I didn't respect someone and they didn't have that strength, then I would be bored. I wouldn't be

attracted to them."

**METRO NEWS SERVICES**



## Love at first sight

**RELATIONSHIPS** Tom Cruise fell in love with Katie Holmes at first sight and rushed off to buy an engagement ring after their first date, imdb.com reports.

The actors' relationship has been subjected to much scrutiny by the public and media critics, who have speculated their union was arranged and their romance is a farce.

But Cruise insists their marriage is the real deal and he has been in love with Holmes since he first set eyes on her.

"I knew I wanted to marry Kate

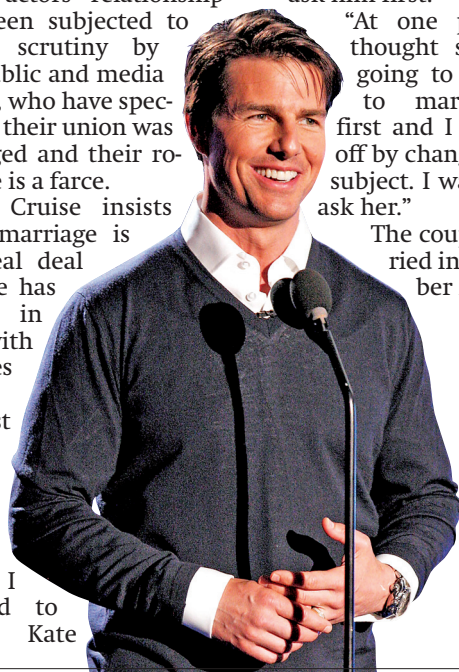
when I met her," Cruise tells the Dec. 7 issue of the *New York Times Style Magazine*.

He admits he proposed in a hurry in 2005 because he feared Holmes would ask him first.

"At one point, I thought she was going to ask me to marry her first and I put her off by changing the subject. I wanted to ask her."

The couple married in November 2006.

**METRO NEWS SERVICES**



## Bynes won't date actors

**RELATIONSHIPS** Actress Amanda Bynes has vowed never to date another actor after an ex-boyfriend's cheating ways nearly "killed" her, imdb.com reports.

Bynes, 22, tells *American Cosmopolitan* magazine she was so shaken after her split with an unnamed actor she moved back in with her parents for two months to soothe her heartache.

"(He) ended up breaking my heart. I

was so hurt. I'm a confident person, but it killed me," Bynes said.

Though she admits she's turned on by Hollywood's leading men, Bynes refuses to be another actor's arm candy.

"Obviously, Chace Crawford is gorgeous, but I wouldn't want to date him. He's too pretty. Maybe he's a very smart guy and maybe he's my soulmate, but that's not the type I go for," Bynes added.

**METRO NEWS SERVICES**



## Most influential woman

**CAREER** Oprah Winfrey is a talk-show host, magazine editor, philanthropist and icon, so it should come as no wonder she was named the most influential woman in the entertainment industry in the *Hollywood Reporter's* Women in Entertainment: Power 100 list, People.com reports.

Winfrey was chosen "based on her dizzying array of Oprah-branded media

and her immense cultural influence," the trade publication's editor-in-chief Elizabeth Guider said in a statement.

Meanwhile, actress Angelina Jolie topped the list of the highest-paid actresses.

Jolie, whose 2008 movies grossed nearly \$1 billion US worldwide, commands more than \$15 million a movie.

**METRO NEWS SERVICES**



## Kidman credits age for bravery

**PEOPLE** Actress Nicole Kidman is embracing her 40s because she is braver now than she has ever been, imdb.com reports.

The Oscar winner faced a tough time as she took on her role in Baz Luhrmann's epic *Australia*, in which she had to live and shoot in the harsh conditions of the Australian outback. But the 41-year-old is adamant being a mature woman helped her cope with the extreme conditions, insisting she gains more courage with age.

"The older I get, the more I feel like I'm on a roller-coaster when I do a film," she tells Britain's the Independent newspaper.

**METRO NEWS SERVICES**



## Richie makes Joel go on diet

**RELATIONSHIPS** Nicole Richie has put her boyfriend Joel Madden on a diet, femalefirst.co.uk reports.

The reality TV star, who has a 10-month-old daughter Harlow with Madden, has reportedly banned the Good Charlotte rocker from eating calorific foods because he has piled on the pounds since becoming a father in January.

**METRO NEWS SERVICES**



## Miller and wife welcome a son

**FAMILY** Jonny Lee Miller of TV's *Eli Stone* and his wife, actress Michele Hicks, have welcomed a son, his rep confirmed to People.

Buster Timothy Miller was born Wednesday in Los Angeles, weighing in at 9 lbs.

Miller, 36, and Hicks, 35, who has appeared on *The Shield*, were married earlier this year. This is their first child.

**METRO NEWS SERVICES**









